

HELPFUL LIFE SKILLS FALL 2008 SERIES

We offer many workshops and events every year. Even if you don't receive financial aid, we have a number of workshops that might be right up your alley. Here's what we've planned.....

- **Zuckerman/Reynolds and Soros Foundation Recruitment and Info Session**

Tuesday, October 14th in the John Chipman Gray Room, 2nd floor Pound at 12pm

Come to this panel discussion and get some tips on completing the application from the Director of the program and former fellowship recipients. The Soros Fellowships are open to students who are (1) a resident alien, i.e., hold a Green Card; or (2) have been naturalized as a U.S. citizen or (3) are the child of two parents who are both naturalized citizens. Each year the Fellow receives a maintenance grant of \$20,000 and a tuition grant of \$16,000. The application deadline is November 1, 2008.



- **Money Saving Tips...What You Need to Know About Living in Cambridge!**

Wednesday, October 15th in Pound 335 at 12pm

Want more money in your own hand? Need some help making those dollars last? Then you'll want to come to this workshop. The employees of Student Financial Services have close to 300 collective years of experience spending money in the Cambridge metro area! Come find out how you can buy the things you want... for less! We'll also give you some basic budgeting tools to get you on your way to putting more money in your own hand and making those dollars last! There will be plenty of food and even prizes that will help you on your way towards saving money!

- **Identity Theft: What You Can Do To Avoid It**

Monday, October 27th in Hauser 104 at 12pm

This workshop will educate you on how your identity can be stolen, and how you can take actions to protect your identity and keep your name and credit in good standing.

- ***Summer Income's Effect on My Student Contribution**

Tuesday, October 28th in Griswold 110 at 12pm

Wondering how your summer income impacts your financial aid? Will you lose your grant if you work at a firm? Can you afford to do public interest this summer? Come find out! At this workshop we will review the policies about summer income and give you the tools to calculate your student contribution based on the income you expect to make during the summer of 2009.

- ***Married Students & Students with Dependents Need Analysis Information Session**

Wednesday, October 29th in John Chipman Gray at 12pm

Do you have questions about how your award is calculated? This workshop will explain in detail how we calculate the student contribution for married students and students with dependents. We will also explain the recent policy change that reduces the student contribution for students with working spouses.

- **Personal Credit and Credit Scores: What You Need to Know!**

Wednesday, November 5th in Griswold 110 at 12pm

This workshop will talk about what is considered good credit, what to do if you need to improve or repair your credit and how to read your credit report. Questions regarding number of credit cards and their limits will also be reviewed, and much more! Please feel free to bring a copy of your credit report which you can download for free once per year at www.annualcreditreport.com.

- **Positive Psychology: How to Succeed and Be Happy at the Same Time**

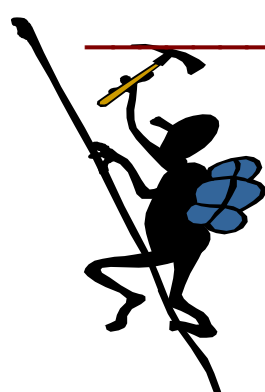
Wednesday, November 12th in Langdell South 11:40 am

Come to this fun and engaging workshop on the science of happiness. Shawn Achor has been teaching and lecturing at Harvard on positive psychology for years and his main area of research has been the legal community. Hear how you can be happier in anything you choose to do!

- **Winter Weather Workshop!**

Date and time to be announced

First time living in a cold climate? Wondering what clothes to buy, what store to go to or simply just wanting a few "winter weather survival" tips? This workshop will give you the basics on dealing with the cold weather.



Sponsored by Student Financial Services at Harvard Law School

We hope to see you at many of these events!